

Art Learning Experience for Older Adults.

Shake away the dreary winter days by joining your peers in a Winter's Art Enrichment Experience at the Southside Art League of Indiana, February 8 – March 28, 2024

The creative program, “*The Magic of the Zhen Xian Bao: Chinese Thread Box*,” teaches participants of the centuries old Chinese Folk Tradition, the Zhen Xian Bao: Chinese Thread Box, Chinese women made and decorated to store their sewing tools and thread. Participants create their own ZXB with the paper boxes, trays, and folders they make each week throughout the 8-week program. This sequential program lends well to engaging with peers, learning skills that build from week to week and encourages critical thinking and development of design skills.

Please join Sonja during the dreary winter months to brighten your days with a fun *Winter's Art Enrichment Experience* creating an exciting ancient Chinese Folk Art form, the Zhen Xian Bao: Chinese Thread Box. The class will meet on Thursdays at the Southside Art League February 8 through March 28, 2024, 1 pm to 3 pm. At the end of the course participants will enjoy a culminating event with reception and month-long exhibit of their completed works. The Opening Reception will be held Friday April 5th and the exhibit will run through April 28th.

Sign up soon! The course is limited to 10 individuals to provide the best one-to-one attention possible to participants. Individuals meet weekly to learn about the tradition of the Zhen Xian Bao folk tradition and form. Sonja provides instruction and one-to-one support to assist participants in making the various box structures that build the Zhen Xian Bao. At the end of the 8 weeks, each participant will have completed their own Zhen Xian Bao: Chinese Thread Box.

Form meets Function!! Learn of an ancient Chinese Folk Tradition, learn various folding techniques, and box structures that can be carried into other projects and art forms.

All paper, materials, and tools are provided. A small fee of \$110.00 is charged in advance to register and to cover a portion of the materials/supplies used in the class projects over the 8 weeks. The fee is non-refundable after February 1, 2024.

To Register Please Click Here, <https://square.link/u/Gxc9yzCH?src=sheet>

For questions, please contact Sonja Lehman, sonjask04@yahoo.com, 317 508-2074

